



Society releases 2020 Newfoundland and Labrador Drowning Report

Drowning fatalities remain at historic lows, equal with the province's previous lowest rate, but still nearly double the Canadian average according to the Society's recent Newfoundland and Labrador Drowning Report. Fishing is the most common recreational activity when drowning occurs, and males continue to account for 95% of drowning deaths. Learn more.



We're open

The Society's office is open and ready to welcome visitors to pick up orders or recertify leadership awards. When possible, call in advance to ensure your order is ready for pickup. Physical distancing and other recommended public health protocols are in place for everyone's protection.

To stay up to date with the Society's COVID-19 policies as well as additional resources and best practices, visit the COVID-19 section of our website.

PPE – Now Available

The Lifesaving Society sells Personal Protective Equipment including reusable and disposable masks, medical gloves, non-contact infrared thermometers, hand sanitizer, BVMs and BVM HEPA filter attachments, cleaning supplies and more.

Order now while supplies last. Visit <u>LifeguardDepot.com</u>, email <u>orders@lifeguarding.com</u> or call 1-844-647-7033.

LifeguardDepot.com®

Standard First Aid Recertification

WorkplaceNL has advised the Society that an 8-hour Standard First Aid recertification course is no longer an accepted format to maintain certification as a workplace first aid provider. Standard First Aid award holders must complete a full 16-hour Standard First Aid course following each 3-year currency period to remain certified.

To comply with Newfoundland and Labrador's *Occupational Health and Safety First Aid Regulations*, the Lifesaving Society retires its Standard First Aid recertification course effective **October 1**, **2020**. Certifications earned on Standard First Aid recert courses completed prior to this date remain valid.

The Society apologizes to affiliates affected by this sudden but necessary policy change. Affiliates who have a scheduled Standard First Aid recertification course should contact Raegan Wiseman, CEO (raeganw@lifesavingnl.ca).

Policy change reminders

The Society has implemented several policy changes throughout 2020. Check in with the <u>Society's homepage</u> regularly to stay up to date. In case you missed them, here's a summary:

No more SFA recertification courses: To comply with Newfoundland and Labrador's Occupational Health and Safety First Aid Regulations, the Lifesaving Society retires its Standard First Aid recertification course effective October 1, 2020. <u>Read</u> <u>more</u>.

Age of certification change for NLS and Swim and Lifesaving Instructor: The Lifesaving Society Canada adopted 15 years as the minimum age prerequisite for certification as a National Lifeguard or Swim and Lifesaving Instructor. The Society's minimum age for certification has no impact on the minimum age for employment for instructors and lifeguards (16 years) established by the Newfoundland and Labrador government in regulation 1023/96. <u>Read more</u>.

First Aid prerequisites: In light of the growth in the number of first aid providers and recent changes in government regulations, the Lifesaving Society has broadened access to its lifesaving and lifeguard courses by accepting, for prerequisite purposes, SFA certifications provided by training agencies approved by the Government of Newfoundland and Labrador. <u>Read more</u>.

First aid valid for 3 years: In the interests of reducing confusion among employers, and harmonizing the Lifesaving Society currency period with Newfoundland and Labrador government regulations, CSA recommendations and the general practice among other workplace first aid providers, the Society has adopted a 3-year period for the validity of its Emergency First Aid and Workplace Standard First Aid certifications. <u>Read more</u>.

Blended learning: The Lifesaving Society has prepared a guide to support its affiliate members and leadership personnel who plan to augment traditional in-person training with online or blended learning delivery of the Society's courses. <u>Open the guide here</u>.

Vocational award extension has ended

To support aquatic staff and the re-opening of aquatic facilities, the Lifesaving Society extended the validity of vocational awards expiring March 1, 2020 or later. **This extension period ended October 1, 2020**. Award holders whose certifications have expired must recertify to maintain currency.

If you have questions or require assistance finding a course, contact Raegan Wiseman (<u>raeganw@lifesavingnl.ca</u>) at the Society office (709-576-1953).

Note: To recertify Standard First Aid, award holders must attend a full 16-hour course.

Lifesaving Society Training and Competition Manikins



Competition Manikins \$345.06 each or 10 for \$293.30 per unit. Product code: 42.1183.00

- Ideal for practicing pick-ups, carries and removals in lifesaving and lifeguard courses.
- Easy to fill and easy to drain (for submerged unconscious victim simulation).
- Built to withstand regular use.
- Require minimal maintenance.
- Made in Canada by the Lifesaving Society.

The Lifesaving Society's Training and Competition manikins enable course participants to practice important lifesaving and sport skills while maintaining physical distancing protocols.

The Competition Manikin is ILS approved for lifesaving sport competition and allows you to control weight and buoyancy.

Order online from LifeguardDepot.com or call 1-844-647-7033. Free standard shipping within Canada. Some exclusions apply.

Lifeguard Depot.com®

LifeguardDepot.com is the online store of the Lifesaving Society. All proceeds from LifeguardDepot.com support drowning prevention and the development of young leaders through Lifesaving Sport.