

March 2024

Start your own business this summer

Teaching summer swimming lessons in your backyard pool can be fun, rewarding and you can't beat the commute. If you're planning to teach swimming lessons in your pool this summer, become a Seasonal Swim Affiliate and get your entrepreneurship rolling.

The Swim for Life program is a low-cost, hassle-free and flexible learn-to-swim continuum, which focuses on basic swimming skills and strokes that lead seamlessly into the Canadian Swim Patrol program.

As a Swim Affiliate, you get exclusive access to all the resources you need to teach the program including: worksheets, lesson plans, progress reports, and more. You can even choose to order badges and stickers to reward your swimmers.

Three easy steps to start your summer business:

- 1. Contact the Society to set up an Affiliate account.
- 2. Complete the forms and pay the Swim license fee.
- 3. Start teaching!

For more information, email info@lifesavingnl.ca

Office closed for Easter

Happy long weekend! The Lifesaving Society's office will close Friday, March 29 and Monday, April 1 for Easter weekend. We reopen Tuesday, April 2 at 9:00 a.m.

Support drowning prevention in Newfoundland and Labrador.

LIFESAVING SOCIETY

The Lifeguarding Experts

The Lifesaving Society Newfoundland and Labrador is a registered charity that relies on the generous donation of time and money from its volunteers and donors. Those who donate \$25 or more receive a tax receipt and have their name published in the Society's Annual Report.

Support drowning prevention in Newfoundland and Labrador by <u>donating today</u>.



Join us at our AGM

The Lifesaving Society Newfoundland and Labrador Annual General Meeting will be hosted by the City of St. John's at City Hall in the Foran Greene room at 1:00 p.m.; reception at 12:00 p.m., May 25, 2024. Members and friends of the Society including instructors, examiners and affiliate representatives are cordially invited to attend. Invitations to the AGM will circulate to members by email. To update your email address, contact <u>Raegan Wiseman</u>.

<u>ST. J@HN'S</u>

Water Smart[®] in 18 languages

In our mission to eradicate drowning in Canada, we continue to add new languages to our Water Smart messaging roster. This year we've added Water Smart Tip Cards in six more languages: Cree, Dene, German, Oji-Cree, Spanish and Ukrainian.

Tip cards are a simple and effective way to share water safety information with newcomers in your community. Order Water Smart Tips Cards at <u>lifeguarddepot.com</u> and keep them on hand at your facility, pass them out at community events, and leave them with local businesses, hotels and community centres to display and share.



Lifesaving Society Training and Competition Manikins



Training Manikins \$277.83 each or 10 for \$250.05 per unit. Product code: 42.1185.00 Competition Manikins \$442.12 each or 10 for \$375.80 per unit. Product code: 42.1183.00

- Ideal for practicing pick-ups, carries and removals in lifesaving and lifeguard courses.
- Easy to fill and easy to drain (for submerged unconscious victim simulation).
- Built to withstand regular use.
- Require minimal maintenance.
- Made in Canada by the Lifesaving Society.

The Lifesaving Society's Training and Competition manikins enable course participants to practice important lifesaving and sport skills while maintaining physical distancing protocols.

The Competition Manikin is ILS approved for lifesaving sport competition and allows you to control weight and buoyancy.

Order online from LifeguardDepot.com, call 1-844-647-7033 or email orders@lifeguarding.com. Free standard shipping within Canada. Some exclusions apply.

Lifeguard Depot.com®

LifeguardDepot.com is the online store of the Lifesaving Society. All proceeds from LifeguardDepot.com support drowning prevention and the development of young leaders through Lifesaving Sport.